

Peace in a Restless World

Philippians 4:4–9

Main idea: True peace is not the absence of problems, but the presence of God in every circumstance.

- I. Discussion Questions – Peace in a Restless World** (Contact the pastor if you need a suggested answer)
 1. What are believers commanded to do in Philippians 4:4?
 2. According to verses 6–7, what should we do instead of worrying?
 3. How is the peace of God different from the peace the world offers?
 4. What thoughts or habits are you feeding your mind with daily? How do they affect your peace?
 5. In verse 9, Paul says, “Put into practice what you’ve learned from me, and the God of peace will be with you.” What specific practices can we adopt today to experience this promise?
- II. *How can you realistically apply*** the lesson to your life in the coming week or the years ahead to benefit individuals, families, and the West Houston VBC Congregation?
- III. Memory Verse *Philippians 4:13*** *I can do all this through him who gives me strength. (NASB)*